



Methamphetamine or MDMA



Heroin or injectable substances



Pills or substance to be snorted



The University of Vermont Center on Rural Addiction Fentanyl Test Strips User Guide

Tips for safer use

- Don't mix substances
- Try a small test amount first
- Don't use alone
- Know the signs of an overdose and carry naloxone

Use sterile supplies, to find a SSP near you go to www.nasen.org

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For Step
1

If testing MDMA or methamphetamine:

Put small amount of residue in about half a cup of water. Sample MUST be heavily diluted for most accurate results!

Then follow Steps 2-5

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All drug use carries inherent risks. Call 911 if you suspect an overdose.

For Step
1

If testing heroin or anything you inject:

Prepare shot as normal in UNUSED cooker, draw up into your syringe, and then add ¼ inch of clean water to the residue in the cooker. Then follow Steps 2-5

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For Step
1

If testing pills or anything you snort:

Put a small chip of the pill or a very small pinch of powder into an UNUSED cooker and add ¼ inch of clean water. Then follow Steps 2-5

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