



Background:

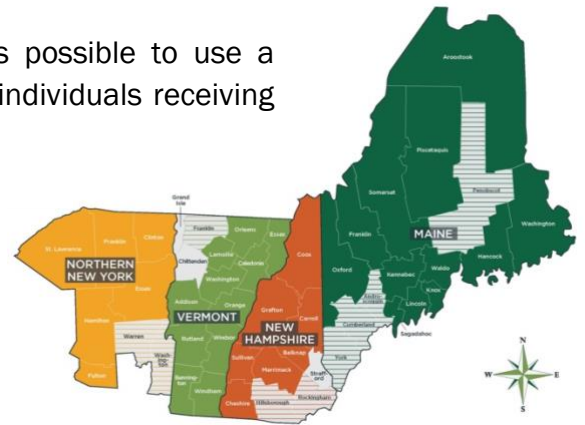
One third of all over-dose deaths in the US involve concomitant use of opioids and stimulants (amphetamine-type substances and cocaine). Contingency management, where participants can earn incentives (i.e. cash, gift cards) contingent on verified stimulant abstinence, is the most effective, evidence-based treatment for illicit stimulant use. However, individuals who reside in rural communities often encounter barriers to accessing contingency management and other healthcare services.

Overview:

The purpose of this research project is to identify if it is possible to use a smartphone app to deliver treatment for stimulant use to individuals receiving opioid agonist medication and living in rural areas.

This Pilot Project Includes:

- Free, confidential treatment for stimulant use
- Twelve weeks of participation, 5-10 minutes to complete per week
- Study visits will take place over phone calls and smartphone app
- Video-documented submission of saliva sample, 2x per week
- No health insurance or copay required
- No counseling required
- Compensation up to \$599



Participant Eligibility:

- Adults, 18 years or older
- Reside in a rural/partially rural county in Vermont, New Hampshire or Maine
- Currently being prescribed buprenorphine or methadone by a provider for opioid use



A smartphone is necessary for participation. If a participant does not have a smartphone, one will be provided by the University of Vermont Center on Rural Addiction.

Contact the University of Vermont Center on Rural Addiction for more information.